

WGU | ALUMNI NEWSLETTER



COLLEGE OF HEALTH PROFESSIONS

Dear Graduate,

It has been an extraordinary few weeks as our world faces historic challenges. We want to let you know we are thinking of each one of our alumni across the country and world. We have been inspired by the good that you are all doing in your communities and wish you good health and safety.



10 Suggestions to Help You Lead During a Pandemic

During the coronavirus health pandemic, it has become very clear that the world is not short on leaders. There are many different types of leaders all around us. What is clear is that many leaders are not necessarily experienced in leading during these circumstances. This article provides a variety of ways to help leaders continue to inspire others during this time. **Tip:** it's time to cultivate hope.

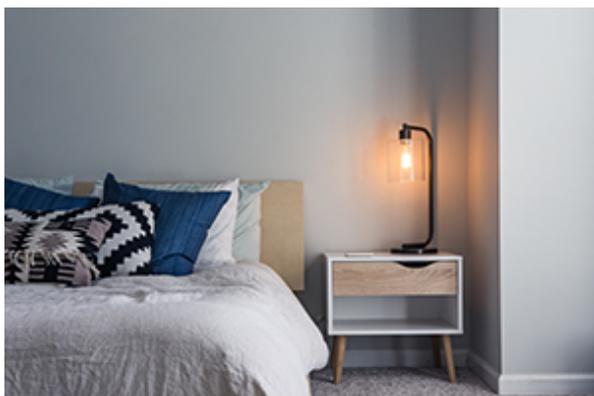
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Time Management: Working from Home

Working from home is a great opportunity, but it can also be difficult to stay focused and on task (trust us—working for an online university is just as hard!). Watch this course by productivity expert Dave Crenshaw. It highlights the best ways to set up your desk, organize your schedule, and tips on how to avoid burnout. Watch this **FREE** course now with your WGU credentials.

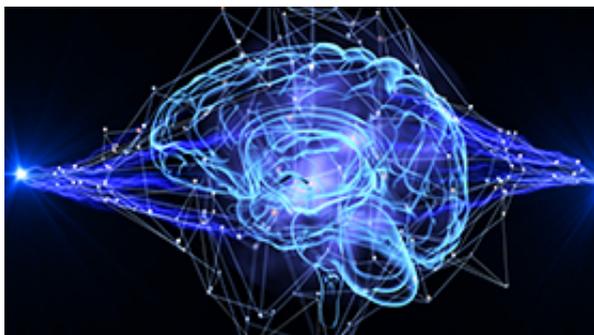
[WATCH NOW](#)



What Happens During Sleep

Did you know that “sleep accounts for one-quarter to one-third of the human lifespan”? It’s true! And since it is such a large part of what our bodies do, it’s important to understand the science behind it, including why you need to sleep in the first place.

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Scientists Monitor Brains During Memory Recall—Here’s What They Found

For a recent NH Clinical Center trial, patients living with surgically implanted electrodes for drug-resistant epilepsy were monitored during memory recall activities. These tests provided information on the neuron-firing patterns.

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Stay Involved & Get Connected

WGU Alumni LinkedIn Group and College of Health Professions Facebook

Being successful is equal parts what you know and who you know. You already know a lot. Now you can help yourself even more by becoming part of the [LinkedIn WGU Alumni group](#) and [Facebook College of Health Professions group](#). Join now and start connecting.



Use the Alumni LinkedIn Tool

Did you know that there are more than 140,000 Night Owls on LinkedIn? Once you've joined the [WGU Alumni group](#) on LinkedIn, [update your LinkedIn profile](#) so you can start networking. You can also use the [LinkedIn Alumni tool](#) to find alumni in your target industry. Connect with them and try conducting [informational interviews](#).



Apply to Be an Alumni Ambassador

Do you consider yourself WGU's biggest fan? Then why aren't you a WGU Alumni Ambassador? This is a leadership opportunity for alumni who are dedicated to representing the university. Members share their time and experience by engaging with potential students, current students, and other alumni. Click [here](#) to learn more and apply.



Career & Professional Development on Facebook

Join the Career & Professional Development Facebook group! Created for students and alumni to assist in career coaching, advice, recommendations, suggestions, and career opportunities. [Join here!](#)

 **CAREER & PROFESSIONAL DEVELOPMENT**

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Career & Professional Development Team

WGU Handshake is here! Our nationally-recognized career development platform can help you get hired, get discovered, and get connected. Make sure to complete your profile as soon as possible to help the system recommend the most relevant jobs and help employers find you. Learn more about how to drive profile completion in the [Handshake Student Help Center](#) or contact our [Career & Professional Development](#) office for career support. Optimize your profile and make your profile start working for you!

Get connected.
Get discovered.
Get WGU Handshake.

A career community for students, alumni, and employers.

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CAREER & PROFESSIONAL DEVELOPMENT



Four Promising Nursing Leadership Jobs

If a nursing leadership role is on your career path, here are four areas to consider, including what the positions might look like and the skills needed to succeed in them. Dive in to start career planning!

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Fellow WGU Grad Helps Small-town Hospital

Sarah moved from Fort Hood, Texas, to a small town in Alabama. On her first day as the Director of Nursing in an unfamiliar hospital, she learned that the hospital could be closed for noncompliance issues. She had just 28 days to help turn the situation around. Watch the clip and read more.

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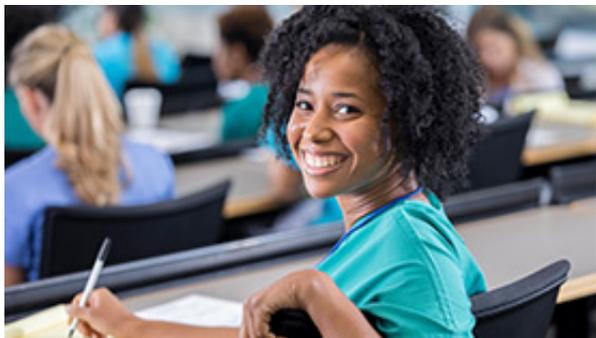
Capstone Excellence Award Recipients | Biannual Report

August 2019 – January 2020 CEA Awards

The WGU Excellence Program is proud to recognize the 147 students who received the prestigious Capstone Excellence Award in the past six months.

These culminating capstone projects must meet strict criteria, including ingenuity, mastery, or synergy for the greater good. Capstone Faculty Evaluators nominate deserving capstone projects, followed by a two-step Evaluation Management review. See additional eligibility criteria [here](#).

The [CEA Biannual Report - January 2020](#) shows by college the WGU graduates who received the Capstone Excellence Award for their work. Please join us in celebrating the success of our most recent Capstone Excellence Award recipients, as they begin a new season in their careers as distinguished WGU graduates.



WGU's Nursing Students Outscore National Average on Licensing Exam

In 2019, grads from WGU's B.S. Nursing Prelicensure program averaged a 96.7 percent passing score on the National Council Licensure Exam. The average for the nation was 91.2 percent. Read on to learn more.

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Whooo's in the News!

WGU alumni are doing incredible things!

Here's a small sampling of what they've been up to. If you have any great news to share, please send it our way!

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