



WGU  | ALUMNI
**TEACHERS COLLEGE
ALUMNI NEWSLETTER**

WGU Commencement



Commencement Weekend in Dallas

We had our Texas-sized commencement last month with more than 1000 grads celebrating their big accomplishment! The night before commencement, we enjoyed celebrating with graduates and their families at the Alumni Celebration, and then on Saturday, our graduates took the stage to be recognized. Catch all the action here:

[Watch Videos Here](#)



Next Commencement: Phoenix

Our next commencement is set for April 9 and we are so excited to celebrate our graduates. There's still time to RSVP if you haven't already. The deadline to RSVP is March 18. For more details about the event, click below.

[Commencement in Phoenix Details](#)

WGU Announces its Inaugural Utah Advisory Board

The newly created, 10-member board, which is chaired by former congressman Ben McAdams, will counsel on matters pertaining to WGU Utah, serve as advocates for the university and its programs, and assist in outreach to the greater community.

[Read More](#)

Industry News



Burnout and the Cure for it

Some may think that self-care is the best answer to cure burnout, but Dr. Emily and Amelia Nagoski say otherwise. Watch their TED Talk to learn what the actual cure is.

[Watch Video Here](#)



Teacher Work-Life Balance: How to Make Sure Your Teaching Career Doesn't Ruin Your Relationship

Teaching can be an all-consuming profession, as most teachers take their work home. This can look like: grading papers, coping with the stress of work, or many other things. Dealing with this additional pressure can leave a strain on personal relationships. Learn more about keeping a work-life balance from award-winning teacher, Nancy Barille.

[Read More](#)



Classroom Routines That Are Small but Mighty

Classroom routines are powerful tools to help you start the class off right, allowing students to focus on learning instead of procedures. Click the link below to see effective routines employed by other educators in their classrooms.

[Read More](#)

Women's History Month

In honor of Women's History Month, we are sharing impressive Night Owls who inspired us!



Grad Speaker Adriana Grimes

Adriana tackled her program by “turning negative challenges into positive possibilities.”

[Watch Here](#)



Grad Speaker Kimberly Larsen

Listen to Kimberly's story of how she went from creating a makeshift classroom as a child to becoming a teacher, which included her overcoming a disability.

[Watch Here](#)



Grad Speaker Laura Wilson

To celebrate her 60th birthday, Laura enrolled in the M.Ed. Learning and Technology program and has gone on to new heights.

Watch Here

Career & Professional Development

Are you interested in meeting employers?

Mark your calendar for our upcoming virtual career fairs:

- **Virtual West/Northwest Career Fair:** March 24, 11 am - 2 pm MDT: College of Health Professions, Teachers College
- **National Virtual Career Expo:** May 12, 11 am - 2 pm MDT: College of Health Professions, Teachers College.

Register Here

WGU Resources and Upcoming Events

WGU Giving Day: Night Owls Unite – Save the Date

Mark your calendar! WGU Giving Day is right around the corner on April 21! This year, Night Owls across the nation will unite for 25-hours in honor of WGU's 25th anniversary. We hope you'll help us meet our goal of raising over \$100,000 to support current WGU students. Stay tuned for more Giving Day updates and in the meantime, if you would like to volunteer as a WGU Giving Day ambassador, please email advancement@wgu.edu. #NightOwlsUnite



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WGU Academy

Do you know someone who needs a low-risk path to enrollment at WGU? Look no further than WGU Academy. What's to be expected: An innovative, student-centric approach. Self-paced courses. Personalized coaching. Low cost and more.

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