# Transcript: IT Podcast - Ep 37 – mm 9 – Keep Moving

*The following transcript is a verbatim account of the video or audio file accompanying this transcript.*

Speaker #1 (Narrator):

WGUs' IT audio series, flexible, portable, profound.

Speaker #2 (Sean Jensen):

Hello. This is Sean Jensen with your motivation minute. Martin Luther King once said, "If you can't fly, run, if you can't run, walk, if you can't walk, crawl, but by all means, keep moving."

Perseverance and consistency are required to succeed as a student, and in life. I have conversations all the time with students regarding the fact that life hands us unexpected detours and speed bumps, and obstacles continually. Expect those things to happen that are out of your control, and then take control of how you will respond ahead of that fact or event.

When these things happen commit to an answer or expectations such as the following, I may have to slow down, but I will still progress, I may be interrupted for the moment, but then I will get right back to my studies, I may need to take a breath or take some time to handle something, but I will not let events stop me from earning this degree, I am not a victim of events, planned or unplanned.

Do this and accept the reality of life that it is never smooth and easy in pursuing any goal, and that degree will be in your hands before you know it.

That's it for today. Remember, impossible is just an opinion, so go make it happen.

Speaker #1 (Narrator):

WGU, a new kind of you.