WGU participates in the Gallup Alumni Survey each year to gather feedback on students’ academic experiences, career readiness and wellbeing. The 2022 survey was conducted from Nov. 16 to Dec. 13 and collected responses from 1,448 WGU undergraduate alumni. The results show that WGU alumni are thriving at much higher rates than their peers—not just in their careers but in all aspects of life.

Responses below indicate the percentage of students who “strongly agree” with the following statements.

- WGU was the perfect school for people like me: 70% (WGU) vs. 30% (NATL)
- I was challenged academically: 56% (WGU) vs. 45% (NATL)
- I had a mentor who encouraged me to pursue my goals: 63% (WGU) vs. 30% (NATL)
- My education was worth the cost: 77% (WGU) vs. 35% (NATL)
- I can’t imagine a world without my university: 37% (WGU) vs. 21% (NATL)

Net Promoter Score (NPS): 16% (WGU) vs. 17% (NATL)

Ella J.
M.S. Information Technology Management
Health and Wellbeing

The Five Essential Elements of Wellbeing

Gallup scientists, through a comprehensive global study of more than 150 countries, have identified five essential elements of wellbeing that transcend place, culture, language, and faith. The measure of these five elements differentiates between a life of thriving and a life of difficulty. The five essential elements are:

1. Purpose Wellbeing
2. Social Wellbeing
3. Financial Wellbeing
4. Physical Wellbeing
5. Community Wellbeing

When a person is thriving in several of these elements, they are more likely to have a healthy and fulfilling life.

Thriving in the Five Elements

As part of the Gallup Alumni Survey, WGU students were asked about these five essential elements of wellbeing and whether they were thriving in each. Their responses were compared to the responses of a national group of undergraduate alumni.

<table>
<thead>
<tr>
<th></th>
<th>WGU</th>
<th>Graduates Nationally</th>
</tr>
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<tbody>
<tr>
<td>Five</td>
<td>8%</td>
<td>15%</td>
</tr>
<tr>
<td>Four</td>
<td>15%</td>
<td>16%</td>
</tr>
<tr>
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</tr>
<tr>
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<td>19%</td>
</tr>
<tr>
<td>None</td>
<td>19%</td>
<td></td>
</tr>
</tbody>
</table>

The top 10 words or phrases that WGU alumni use to describe their experience at WGU are:

- Efficient
- Positive
- Self-paced
- Rewarding
- Flexible
- Affordable
- Convenient
- Supportive
- Worthwhile
- Challenging

My school is passionate about the mental health of its students. (Strongly agree)

My school is passionate about the financial wellbeing of its students. (Strongly agree)