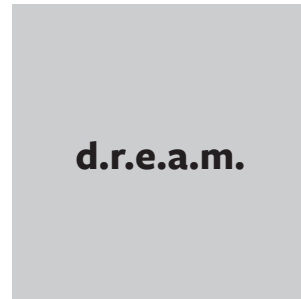
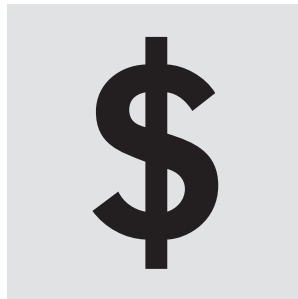


**WGU**



# RULES OF THE RED RUBBER BALL

- 1 COMMIT TO IT**  
Commit to your red rubber ball and it will fuel decisions.
- 2 SEEK OUT ENCOURAGERS**  
Build and nurture relationships.
- 3 WORK OUT YOUR CREATIVE MUSCLE**  
Be creative, and you'll discover new opportunities.
- 4 PREPARE TO SHINE**  
Do the lonely work – those unglamorous tasks that no one asks you to do.
- 5 SPEAK UP**  
Speak up and challenge boundaries, and you'll overcome them.
- 6 EXPECT THE UNEXPECTED**  
Expect and respect the unexpected, and you'll achieve your goals sooner.
- 7 MAXIMIZE THE DAY**  
Maximize each moment and focus on the present.

*Character* LAB



GRIT SCALE © Angela Duckworth 2022

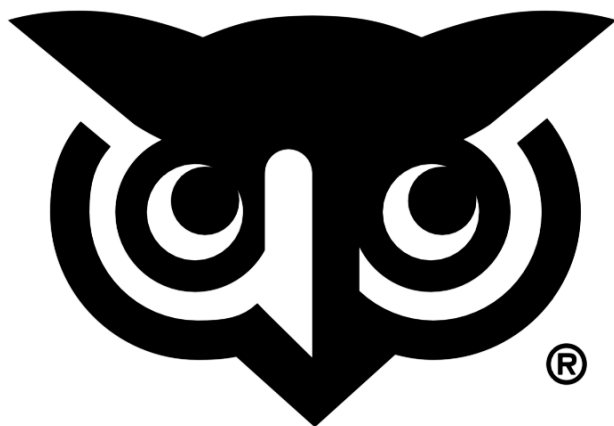
**YOU CANNOT  
BE COMMITTED  
TO YOUR  
DREAM  
AND YOUR  
COMFORT ZONE.**



**CURIOSITY + ENERGY**

WORK FOR A  
CAUSE, NOT  
FOR APPLAUSE.  
LIVE LIFE TO  
EXPRESS,  
NOT TO IMPRESS.  
DON'T STRIVE  
TO MAKE YOUR  
PRESENCE  
NOTICE, JUST  
MAKE YOUR  
ABSENCE FELT

-Unknown



**WGU**